What a complete exam should show you.

Seven things you deserve to see and hear before saying yes to any treatment.

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The Line Guide
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You shouldn't have to be your own detective.

Most of us collect our dental problems one at a time. A crown this year, a night guard the next, then someone mentions braces. Each one arrives on its own, with a price and a date. It's hard to say yes with confidence when you can't see the whole story.

A complete exam changes that. It shows you what's happening, why it's happening and how it all connects, before anyone recommends anything.

Here are seven things it should show you. No dental degree required.

See it.

Your own photos and scans, not a diagram of someone else's mouth.

Understand it.

The why, in plain words. Ask anything; it's your appointment too.

Decide.

At your own pace. “Not yet” is a real answer.

1 Your own mouth, on the screen.

Photos and scans of your teeth, explained as you look at them. Seeing it is what turns “you need a crown” into something you can judge for yourself.

> **It sounds like:** “Here's the crack, here's how far it goes, and here's the tooth next to it for comparison.”

2 Why it happened.

Cracks, worn edges, a filling that keeps failing: they usually have a cause. If the cause stays, the repair is often the next thing to break.

> **It sounds like:** “This keeps breaking because of how your bite lands here. Let me show you.”

3 How it all connects.

Your teeth, your bite, your jaw joints, the muscles around them, your airway and how you sleep. They work as one system, and a problem in one place often starts somewhere else.

> **It sounds like:** “Let me show you how this fits with what's going on over here.”

4 What happens if you wait.

Some things get bigger and more involved with time. Others can safely be watched. You deserve to know which is which.

> **It sounds like:** “This one can wait, and here's what we'll watch for. This one shouldn't, and here's why.”

5 All your options, including the smallest one.

There's rarely only one way. Options can range from keeping an eye on it, to a small repair, to a bigger plan that addresses the cause.

> **It sounds like:** “Here they are side by side, with what each one gives you and what it doesn't.”

6 How it will hold up over the years.

A good plan thinks past this appointment: what it will need in five or ten years, and what would make it fail early.

> **It sounds like:** “Here's the upkeep, a realistic lifespan, and what you can do to make it last.”

7 A plan you can take home.

In writing, so you can think it over, talk it through with the people you love, and get a second opinion if you want one.

> **It sounds like:** “Of course. Take it with you.”

Línea

Your story.
Your call.

At Línea, this is simply how a first visit works. You tell us your story. We show you what we see, how it happens and why, on your own photos and scans. Then we look at the whole picture together, and you decide what's next.

Everyone deserves to understand their own story well enough to change it.

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